

food pantries

Food pantries are open to anyone regardless of income or immigration status.

The Salvation Army Anacortes

(360) 293-6682

Tri-Parish Food Bank

Burlington

(360) 757-0128

www.icc-mv.org/Tri-Parish-Food-Bank

Concrete Food Bank

(360) 853-8505

La Conner Sunrise Food Bank

(360) 488-3878

Neighbors in Need

Mount Vernon

(360) 982-2089

svneighborsinneed.com

Skagit Gleaners

Mount Vernon

(360) 848-1045

skagitgleaners.org

Helping Hands

multiple locations

(360) 856-2211

helpinghandsskagit.org

For a complete list of food pantries, please visit
communityactionskagit.org

need additional support?

Call 2-1-1 to learn more about additional resources available in our area.



Food assistance is NOT a public charge. Using food assistance will not negatively affect your immigration status.

Revised 5/25



SKAGIT COUNTY



FOOD ASSISTANCE RESOURCES



meals for older adults

Skagit County Meals on Wheels

Delivers nutritionally balanced meals to homebound seniors (60+). Meals are provided on a donation-only basis.

Learn more at (360) 416-1500.

Community Meals

Hot, nutritionally-balanced meals offered at Senior Centers in Skagit County. Meals are provided on a donation-only basis to adults 60+ and their spouses and caregivers.



Learn more at:
bit.ly/community-meals



meals for anyone

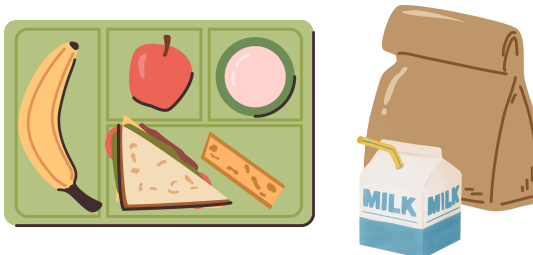
Offers a hot, daily meal to anyone in need (5:30 - 6:30 pm) at Friendship House Cafe.



Learn more at:
skagitfriendshiphouse.org

free and reduced school meals

During the school year, school breakfast and lunch are free for students that qualify. Contact your child's school district to learn more.



SUN bucks

also known as Summer-EBT

Provides a one-time payment to buy groceries during the summer. Many children enrolled in the free and reduced lunch program are eligible to receive SUN bucks.



Learn more or apply:
sunbucks.dshs.wa.gov

SUN meals

Provides meals during the summer to any child under 18 years of age



Find a site near you:
www.fns.usda.gov/summer/sunmeals



basic food

also known as SNAP or food stamps

Provides money on a debit-like card to buy food at grocery stores and farmers markets.

who qualifies?

Eligibility depends on household size and income.



Learn more or apply:
bit.ly/basic-food-skagit



Women, Infants, and Children

Provides lactation support, nutrition education, and assistance for healthy food.

who qualifies?

People who are pregnant or parenting a child under 5 years old. Also available to other caregivers, including grandparents, fathers, and foster parents.

Eligibility depends on household size and income.



Learn more or apply:
doh.wa.gov/you-and-your-family/wic